



# 2023 Arthur Cheese Festival Rat Race

Monday, September 4<sup>th</sup> 2023

5K / 10K Run/Walk

Arthur Welcome Center (106 E Progress Arthur, IL)

Sponsored by Arthur Woman's Club

**Age Divisions for 5K RUN & 10K RUN – Men/Women \* Awards ceremony at 9:15 a.m. for Top Male/Female in 5K Run & 10K Run and top 3 finishers in each age category for 5K Run & 10K Run**

|              |                                |
|--------------|--------------------------------|
| 10 and Under | 40-44                          |
| 11-14        | 45-49                          |
| 15-19        | 50-54                          |
| 20-24        | 55-59                          |
| 25-29        | 60-64                          |
| 30-34        | 65-69                          |
| 35-39        | 70+ (age category for 5K only) |

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**Checks Payable to: Arthur Woman's Club**

Mail registration to and for further information contact:

Stephanie Borntreger

106 W. 5<sup>th</sup> St.

Arthur, IL 61911

[Arthurwomansclub1@gmail.com](mailto:Arthurwomansclub1@gmail.com)

\*\*\* Race day registration and packet pick-up will begin at 6:00 AM the day of the race. \*\*\*

Pre-registered Participants (registered by August 11th) will be guaranteed a t-shirt.

Online Registration at [arthurcheesefestival.com](http://arthurcheesefestival.com) - ends August 11<sup>th</sup> (fees may apply for online registration)

Registration Form (please print)

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_

( ) Male ( ) Female

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Shirt Size: 5K/10K

Adult: S M L XL XXL

Email: \_\_\_\_\_

Youth: S M L XL

Phone: \_\_\_\_\_

**Check the event below you are entering.** Please complete a separate form for each participant.

\_\_\_ **10K Run – 7:30 a.m.**

\$25 on or before Aug 18

\$30 after Aug 19

\_\_\_ **5K Run/5K Walk - 7:30 a.m.**

\$25 on or before Aug 18

\$30 after Aug 19

*Waiver Please read carefully and sign: In consideration of my entry, I, intending to be legally bound for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims which I may hereafter accrue to me against the Arthur Woman's Club, Arthur Merchants Committee, Arthur Chamber of Commerce, staff, volunteers or any of its promoters for any and all injuries suffered by me at this event. I further warrant that I have trained for the race of this distance and am physically fit for such a race.*

Signature: \_\_\_\_\_

(If under 18 years of age, parent or guardian)